

### Turtlebee Farms LLC

Byron, Michigan (810) 266-4880

### Family Owned & Operated with Integrity & a lot of hard work!

Do you know where your food comes from and how it is produced?

Come enjoy our own farm-raised & wholesomely grown Beef, Lamb, Pork, Chicken & Turkey

Never administered Maintenance Antibiotics or Growth Hormones

Born, raised & rotated in the sunshine & clean country air of our open pastures, our beef & lamb are 100% Pasture Fed / Finished & 90% Lean;



We are the growers! All of our CATTLE & SHEEP are born & raised at Turtlebee Farms' Main Farm on open pastures, GRASS FED & FINISHED ONLY, even in the winter months they feed on havy we produce from fields we seed and do not treat with toxic chemicals. Our cows are healthy & happy (not mad)!!

Our Farming Practices are important to us and should be to you as well. Here a couple of our lists:

Home Grown	YES	Growth Hormones	NO
<b>Humane Conditions</b>	YES	<b>Chemical Steroids</b>	NO
Controlled Processing	YES	<b>Antibiotic Program</b>	NO
Pesticide-Free Pastures	YES	<b>Restricted Movement</b>	NO
Controlled Processing	YES	<b>Excessive Fats</b>	NO
Pasture Rotation	YES	Foreign Imports	NO
Fresh Water Supply	YES	<b>Stock Yard Auctions</b>	NO

#### Switching to Grass Fed Beef ??

"Advocates of pasture-raised beef say the reasons to switch go beyond nutrition. The animal is raised in a more humane fashion that is also better for the environment."
"Labels on grass-fed beef can be misleading, and some meat carrying a "grass-fed" label was still "finished" on grains at a feed lot." ~ Dew Dork Times

Our meats may be reserved on advance order basis, by the QUARTER, SIDE, or WHOLE; custom cut for you OR by the INDIVIDUAL PACKAGE.

Studies have found that animals raised outdoors in the sunshine have higher levels of antioxidant vitamins such as D & E, in contrast to animals conventionally grown on factory farms.

OURS ARE NEVER RAISED IN FEED LOTS!!

We're out there caring for them rain or shine, summer or winter. Organic-type practices are definitely more labor intense than conventional.

www.eatwild.com/healthbenefits.htm https://draxe.com/grass-fed-beef-nutrition/ https://www.mayoclinic.org/diseases-conditions/heart.../grass-fed-beef/faq-20058059

# GRASS FED BEEF

### **BEEF QUARTERS AVAILABLE \$850/QTR receive 10% Discount**

### YOU select ONLY the cuts & quatntities YOU prefer

Compared with grain fed, GRASS FED BEEF has:
...MORE heart-healthy Omega 3 fatty acids,
...MORE CLA (Conjugated Linoleic Acid), a type of fat thought to REDUCE heart disease and cancer risks.

LOWER LEVELS of saturated fat

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Easy Favorites	Price/lb	unit/pkg		
GROUND BEEF 1#	7.50	up to 9 lbs		
GROUND BEEF 1#	7.25	10-24 lbs		
GROUND BEEF 1#	7.00	25-49 lbs		
GROUND BEEF 1#	6.90	50-99 lbs		
GROUND BEEF 1#	6.80	100 & up		
SMOKED BEEF	Price/pkg	unit/pkg		
SNACK STICKS / MILD	6.48	8 oz		
SNACK STICKS / SWEET & SPICY	6.48	8 oz		
SNACK STICKS / HOT SHOT!	6.48	8 oz		
MARINADE TO GRILI	L/BROIL OR ST	TIRFRY (2/pkg)		
CHUCK STEAK	8.75	116		
DENVER STEAK (boneless)	10.75	1-2 lbs		
ny strip	17.50	116		
PORTERHOUSE	17.50	1-2 lbs		
T-BONE	17.00	1-2 lbs		
RIB STEAK (bone-in)	19.00	1-2 lbs		
RIB EYE (boneless)	19.75	116		
ROUND SIZZLERS (tenderized)	10.50	8 oz - 12 oz		
SIRLOIN SIZZLERS (tenderized)	12.75	8 oz - 12 oz		
sirloin tip steaks	12.75	12 oz - 16 oz		
TOP SIRLOIN	12.75	1-2 lbs		
flank steak	12.75	116		
SKIRT STEAK	12.75	8 oz - 16 oz		
TENDERLOIN FILET	25.00	8 oz - 16 oz		
Never use a fork to turn	n your beefA	lways use tongs.		

SLOW COOK (low & slow)	Price/lb	unit/pkg
SOUP BONE, Beef Stock/Broth	2.50	2-4 lbs
SHORT RIBS	5.50	1-2 lbs
BABY BACK RIBS	8.80	1-2 lbs
SHANKS (meaty for soup/ stew)	7.00	1-2 lbs
OXTAIL	8.50	1-2 lbs
STEW BEEF	12.75	1 lb
FLANK STEAK	12.75	1 lb
round steak	10.50	1-2 lbs
CUBE STEAK (tenderized)	10.50	1-2 lbs

#### Want a FABULOUS ROAST every time? BRAISE IT FIRST!!

Coat with oil and salt liberally on all sides; Braise by placing in 450°f pre-heated oven for 10-15 minutes cover and reduce oven temp to 300-325°f 2 1/2 -3 hours Let beef sit covered in a warm place for 8 to 10 minutes after removing from heat to let the juices redistribute.

ROASTS	Price/lb	unit/pkg		
ARM ROAST	8.75	3-4 lbs		
BRISKET	9.50	3-4 lbs		
CHUCK ROAST	8.75	3-4 lbs		
english roast	8.75	3-4 lbs		
rib roast, bone in	15.50	3-5 lbs		
rib roast, boneless	16.00	3-4 lbs		
RUMP ROAST	9.50	3-4 lbs		
SIRLOIN TIP ROAST	10.25	3-4 lbs		
ORGAN MEATS	Price/lb	unit/pkg		
LIVER great source of vitamin A	4.00	1 lb		
HEART high in vitamin B-12	5.50	1 lb		
TONGUE high in zinc & vit B-12	6.50	1-2 lbs		

BONE BROTH is rich in minerals that support the immune system; Heal your gut and protect your joints; Cook on low w/water 24 hrs



### PORK SIDES AVAILABLE \$450/QTR receive 10% Discount YOU select ONLY the cuts & quantities YOU prefer

#### So WHY obtain PORK from TURTLEBEE FARMS?

QUESTION: What is it we want most in our food?

ANSWER: Good Nutrition & Good Flavor

Researchers have found that animals raised outdoors & in the sunshine hold higher amounts of nutrition (like vitamin D) than those raised conventionally.

For the consumer, the <u>more ntritious</u> the food, the more enjoyably satisfied our appetites will be!

At Turtlebee Farms we raise & retail the animals at our own farm. They're happy in the open outdoor spaces, shade or sun.

COOKING TIP> Add Ground Beef & any Ground Pork or Sausage to make your meatballs, meatloaf or burritos...Yummmm!!!!

Sausage & Ground	Price/lb	unit/lb
GROUND PORK	6.00	116
BREAKFAST SAUSAGE	6.00	116
ITALIAN SAUSAGE	6.00	116
BRATWURST 5-6/pk	8.95	1 lb
SAUSAGE PATTIES 4-8/pk	6.75	0.50 lb
SAUSAGE LINKS 8–10/pk	7.50	116
*ALL BACONS	Price/pkg	unit/lb
CANADIAN	10.00	0.50 lb
COTTAGE	9.50	1 lb
JOWL	9.50	1 lb
PEPPERED	9.50	116
SLICED TRADITIONAL	9.50	1 lb
SIDE PORK (non-smoked)	8.50	116
*NO ADDED NITRATES OR	NITRITES TO C	UR SMOKED MEAT

Price/lb	unit/pkg
7.50	1-2 lbs
7.00	2-2.5 lbs
9.50	1 lb
7.00	1.5-2 lbs
Price/lb	unit/pkg
6.25	2-4 lbs
6.25	2-4 lbs
6.25	2-4 lbs
7.25	2-4 lbs
8.00	2-4 lbs
Price/lb	unit/pkg
8.50	1-2 lbs
8.50	1-2 lbs
7.50	under 4 lbs
7.00	4-6 lbs
6.50	6-15 lbs
6.25	over 15 lbs
Price/lb	unit/pkg
5.50	2-4 lbs
7.25	1-2 lbs
8.00	1-2 lbs
5.50	2-3 lbs
2.50	1-2 lbs
Price/lb	unit/pkg
4.00	1   b
4.50	0.50 lb
PS > 2.5 hrs @ 30	00° f w/ 1cup broth &covered
	7.50 7.00 9.50 7.00  Price/lb 6.25 6.25 7.25 8.00  Price/lb 8.50 7.50 7.00 6.50 6.25  Price/lb 5.50 7.25 8.00  7.25  Price/lb 4.00 4.50

### CHICKEN

LAMB

Our meat poultry are outside in what has been commonly dubbed 'chicken tractors'; safe from predators such as racoons.

Meat from outdoor-raised animals is Nutritionally Superior with NO growth hormones, arsenic, or meds in their diets.

<u>CHICKEN</u>		Price/lb	unit/pkg
WHOLE	over 6 lbs	3.75	over 6 lbs
WHOLE	4-6 lbs	4.43	4-6 lbs
WHOLE	under 4 lbs	5.30	under 4 lbs
HALF		5.30	2-4 lbs
QUARTERED		5.30	2-4 lbs
8-PIECE		5.30	2-4 lbs
LIVER		6.95	0.5 lb-1 lb
GIZZARDS		6.95	0.5 lb-1 lb
FEET		6.95	0.5 lb-1 lb
NECKS		4.95	0.5 lb-1 lb

### CHICKEN EGGS

FARM FRESH EGGS	4.50/dz	1-9 dozen
FARM FRESH EGGS	4.00/dz	10 or more dozen

### **QUANTITY @ SAVINGS**

LOOKING FOR LARGER QUANTITIES @ 10% SAVINGS TO YOU???

#### **POST HARVEST BEEF & PORK**

YOU select ONLY the cuts & quantities YOU prefer

BEEF \$850/QTR receive 10% Discount

PORK \$450/SIDE receive 10% Discount

LAMB LIVE OR PACKAGED AVAILABLE UPON REQUEST

Grass-fed lamb can also contain valuable amounts of CLA (conjugated linoleic acid) a health supportive fatty acid; Grass-fed lamb is an excellent source of vitamin B12, and a very

good				
<u>LAMB</u> yearlings	Price/lb	unit/pkg		
GYROS TENDERS	16.95	1   b		
LOIN EYE FILET (boneless)	16.95	0.5 lb-1 lb		
RIB EYE FILET (boneless)	16.95	0.5 lb		
LAMB CHOPS (bone-in)	15.95	0.5 lb-1 lb		
STEAKS for TWO	14.95	0.5 lb-1 lb		
GROUND LAMB	10.95	1 lb		
LEG of LAMB	9.95	2-4 lbs		
SHOULDER ROAST (semi-bnls)	9.95	2-2.5 lbs		
LAMB ROAST (bone-in)	7.95	2 lbs		
HEARTY BROTH/SOUP ROLL	7.95	1-2 lbs		
SHANKS (meaty)	7.95	1-2 lbs		
Broth Bones	4.50	1-2.5 lbs		
LIVER	7.50	0.5 lb-1 lb		
HEART	3.50 ea	N/A		
VIHOLE LAMB A	nrov 30-35 lb	ς \$275 ΩΩ		

WHOLE LAMB Approx 30-35 lbs \$275.00

## Turkey

Raised outdoors, free to roam, protected from predators; Again, no growth enhancers. November availability only.			
WHOLE	(flat rate/bird)	85.00	10-40 lbs
GROUND		10.95/lb	l lb
ORDER AHEAD FOR ERESH OR FROZEN			

